



Biography

Loren B. Hamel, MD, MHA
President, BHSH Spectrum Health Lakeland
Strategic Advisor, BHSH System

Loren B. Hamel, MD, MHA, is president of BHSH Spectrum Health Lakeland, a division of BHSH System—formed by the joining together of Beaumont Health and Spectrum Health in 2022. He also serves as strategic advisor to BHSH System. As president of BHSH Spectrum Health Lakeland, Loren leads care delivery for three hospitals, 53 outpatient locations, telehealth initiatives and ~500 independent, affiliated and employed physicians in Southwest Michigan. In both his current roles, Loren demonstrates a passion for strategy, respect for data, dedication to reducing health disparities and achieving health equity, and commitment to developing a culture of love and respect throughout the organization.

Background

Before the integration of Lakeland Health and Spectrum Health in 2018, Loren served as chief executive officer of Lakeland Health and held various other executive roles with the organization. As CEO of Lakeland Health, Loren championed many successful integrations. Through his “Bring Your Heart to Work” initiative, [featured in Harvard Business Review](#), he shared his vision for connecting caregivers’ tasks to the heartfelt needs of those they serve. He joined Lakeland Health medical staff in 1980. An experienced family physician, Loren practiced medicine for 23 years at University Medical Specialties in Berrien Springs. In addition, he has served Andrews University in a number of roles, including clinical professor, director of the university’s health services, president of the alumni association, and board member.

Education

Loren graduated with honors from [Andrews University](#) in Berrien Springs, Michigan, and earned his medical degree from [Loma Linda University School of Medicine](#) in Loma Linda, California. He also holds a Master in Health Services Administration from [University of Michigan School of Public Health](#).

Affiliations and Awards

Loren is a member of [Alpha Omega Alpha Honor Medical Society](#) and [Honor Society of Phi Kappa Phi](#). He served on the board of the [Michigan Health & Hospital Association](#) (past chair, member of executive committee), and is co-chair of [Michigan Great Southwest Strategic Leadership Council](#).
